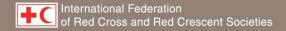


DREF Final Report

Cameroon: Cholera



| DREF operation: MDRCM018 | Glide number: EP-2014-000100-CMR | | | | | |
|---|---|--|--|--|--|--|
| Date of Issue: 30 June 2015 | Date of disaster: 24 April 2015 | | | | | |
| Operation start date: 4 August 2015 | Operation end date: 5 January 2015 | | | | | |
| Host National Society(ies): 25,000 active volunteers, more than 50 staff, 58 departmental branches and 250 local braches): Cameroon Red Cross | Operation budget: CHF 216,918 | | | | | |
| Number of people affected: 1,238,740 in 12 districts | Number of people directly assisted: 591,328 | | | | | |
| N° of National Societies involved in the operation: International Federation of Red Cross and Red Crescent Societies | | | | | | |
| N° of other partner organizations involved in the operation: Mini | stry of Public Health | | | | | |

A. Situation analysis

Description of the disaster

From April 2014, cases of cholera were reported in the Far North region of Cameroon. By 24 July 2014, 1,321 cases had been reported and 61 deaths across 10 districts (Bourha, Goulfey, Hina, Mogode, Mokolo, Kousseri, Koza, Maroua rural, Mindif and Roua). By 12 August 2014, this had increased to 1,680 cases and 77 deaths across 12 districts (with the addition of Maroua II, Maroua III and Mindif). Please refer to the "Needs analysis and scenario planning" section.

On 4 August 2014, the International Federation of Red Cross and Red Crescent Societies released CHF 191,112 from the Disaster Relief Emergency Fund (DREF) to support the Cameroon Red Cross Society (CRC) respond to the needs of the affected population. The DREF operation was intended to support 10,044 people in eight districts (Bourha, Goulfrey, Hina, Kosa, Kousseri, Mogode, Mokolo and Roua) with emergency health care, water,



Proper handwashing session at the Bourha market. Photo © IERC

sanitation and hygiene promotion activities over a period of three months. On 30 October 2014, an additional allocation of CHF 25,806 was released, and an extension of the timeframe made (to five months), in order to respond to the emerging needs in the Maroua (split into Maroua I, Maroua II and Maroua III) and Mindif districts, enable the implementation of activities planned in the Goulfey and Kousseri district, which were disrupted following incursions by suspected Boko Haram militants (refer to "Security" for information on the implications this had on the DREF operation). In total, the DREF operation was intended to directly support 123,874 people, that is, 10% of the affected population (1,238,740 people), in 12 districts.

Through this DREF operation, the CRC indirectly reached out to 1,238,740 people in 12 districts, through mass communication (radio and TV broadcasts, newspapers, etc.) and door-to door awareness activities, of which an estimated 591,328 people were directly assisted through implemented activities. As such, the direct target was met above expectation (approximately 47.7%), while the indirect target was met at a 100%. Progress against the intended outcomes was made in the following areas:

Health and Care

- 330 CRC volunteers were trained in the use of the Epidemic Control for Volunteers (ECV) manual, then mobilized to carry out sensitization on the prevention and control of cholera, as well as surveillance and referral activities.
- In total, 591,328 people were sensitized on the prevention and control of cholera; and 3,853 suspected cases of cholera were identified by CRC volunteers and referred to the nearest health centres. Door-to-door, mass and focus group discussion awareness techniques were used to reach and even surpass the planned target.

Water, sanitation and hygiene promotion

- 6,416 water supply infrastructures were treated (chlorinated).
- 40,792 latrines were disinfected; and 9,142 sites were cleaned in collaboration with the affected population.
- 420 hand washing kits were distributed to restaurants located across the 12 districts.

Table 1: Summary table of activities carried out

| Activities/Locality | Bourha | Mogodé | Koza | Mokolo | Roua | Hina | Mindif | Maroua 1, 2 ,3 | Total |
|-------------------------------|--------|--------|--------|--------|--------|--------|--------|-------------------|---------|
| People sensitized | 47,718 | 89,410 | 45,094 | 42,738 | 14,416 | 43,525 | 13,563 | 294,864 | 591,328 |
| Suspected cases identified | 966 | 1,047 | 566 | 325 | 286 | 610 | 138 | 22 | 3,960 |
| Wells chlorinated | 1,540 | 1,286 | 447 | 393 | 164 | 717 | 191 | 483 | 5,221 |
| Wells cleaned | 1,130 | 1,307 | 183 | 542 | 124 | 338 | 71 | 286 | 3,981 |
| Well covered | 1,602 | 536 | 286 | 397 | 55 | 449 | 43 | 385 | 3,753 |
| Latrine disinfected | 4,420 | 8,015 | 2,834 | 3,128 | 1,212 | 14,963 | 3,124 | 3,096 | 40,792 |
| Latrines covered | 3,038 | 5,914 | 2,056 | 2,992 | 958 | 5,375 | 378 | 1,576 | 22,287 |
| Sites cleaned | 1,025 | 959 | 430 | 1,225 | 97 | 5,207 | 28 | 171 | 9,142 |
| Hand-washing kits distributed | 50 | 70 | 40 | 50 | 30 | 50 | 40 | 90 | 420 |

<u>NB:</u> Note that the localities of Goulfey and Kousseri are not accounted for in the above table. This is because, although activities were implemented in these localities, no monitoring mission was carried out to collect data due to the prevailing insecurity situation. Moreover, data sent in by volunteers of these localities was inconsistent.

Given this considerable progress, there was a stabilization of the epidemic in almost all the areas involved in the DREF operation, with the exception of Doualaré (Maroua I) which continued to report new cases of cholera because towards the end of the operation, more people displaced internally by Boko Haram incursions arrived the locality. Most of these IDPs were lodged in schools that lacked latrines and with the overcrowded conditions, the disease continued to spread.

DG ECHO contributed to the replenishment of the allocation made for this DREF operation. The major donors and partners of DREF include the Australian, American and Belgian governments, the Austrian Red Cross, the Canadian Red Cross and government, Danish Red Cross and government, DG ECHO, the Irish and the Italian governments, the Japanese Red Cross Society, the Luxembourg government, the Monaco Red Cross and government, the Netherlands Red Cross and government, the Norwegian Red Cross and government, the Spanish Government, the Swedish Red Cross and government, the United Kingdom Department for International Development (DFID), the Medtronic and Z Zurich Foundations, and other corporate and private donors. IFRC, on behalf of Cameroon Red Cross Society would like to extend thanks to all partners for their continued support.

<click here for the contact details and here for final financial report >

Summary of response

Overview of Host National Society

Over the past decade, the CRC has carried out DREF and Emergency Appeal operations in response to a range of epidemics (cholera, measles, polio and yellow fever), as well as population movements along its borders; as such, it is was well placed to intervene following the increase in cases in the Far North region. At the onset of the epidemic, the CRC deployed volunteers to support the immediate response, which was initiated by the Ministry of Public Health (MoPH) in the affected areas. Of the volunteers that were deployed, 80 had received previous training from the United Nations Children's Fund (UNICEF). Following the launch of the DREF operation, a total of 300 volunteers, 30 supervisors and twelve district coordinators were mobilized to support the implementation of the activities planned. An Operation Coordination Team was established, which comprised the RDRT, regional coordinator for the Far North region and the NHQ cholera focal point. At regional/national levels, the CRC was represented by the CRC regional coordinator in the Far North, which was member of the Regional Cholera Response Team (sub-committee) established by the MoPH and partners; and a CRC cholera focal point, which was a member of the National Committee established by the Head of State.

The MDRCM018 cholera operation was managed concurrently with the MDRCM019 Ebola Virus Disease preparedness and MDRCM20 floods operation, which was being implemented in other areas of the country.

Overview of Red Cross Red Crescent Movement in country

The IFRC through its Central Africa regional representation (CARREP), which is based in Yaounde, Cameroon, coordinated all activities planned within the DREF operation. Following the launch of the DREF operation, the IFRC and CRC signed a Memorandum of Understanding (MoU) to enable the implementation of the activities planned, and also mobilized a Regional Disaster Response Team (RDRT) member profile to support the effective implementation, at field level. The IFRC mobilized personnel to support building the capacity of CRC volunteers, for example, through participation in the ECV training. The IFRC CARREP also released pre-positioned regional relief items, and which were e replenished through the DREF operation.

Consultations with the International Committee of Red Cross (ICRC) were carried out during the DREF operation to ensure that there was coordination in the field. Moreover, these consultations also concerned the security situation, given the incursions by suspected Boko Haram militants in the affected areas. In addition, coordination meetings also saw the participation of the CRC, French Red Cross, ICRC and the RDRT.

Overview of non-RCRC actors in country

In the Far North region, the response to the epidemic was managed by the regional governor, through the regional delegation for the MoPH. The MoPH provided free treatment to people referred to health centres, which were replenished with cholera kits. An ad hoc subcommittee responsible for emergency management was also established, which comprised of representatives from the CRC, International Medical Corps (IMC), MoPH, Red Cross Red Crescent (RCRC), United Nations Commissioner for Refugees (UNHCR), UNICEF, the World Health Organization (WHO) as well as other State structures. The subcommittee was led by regional delegate for the MoPH. United Nations agencies (UNICEF and the WHO) worked in collaboration with the MoPH to provide equipment to health centres, and capacity building training for personnel. Moreover, UNICEF provided pre-recorded advocacy messages (in French and local languages), which were broadcast on national radio stations.

Needs analysis and scenario planning

Needs analysis

On 24 July 2014, an assessment was carried out by the local Red Cross committee, in close collaboration with the National Cholera Control Coordination Committee, which identified 12 districts that had reported cases of cholera – please refer to "Table 1: Cases of cholera in Far North region (Cameroon) – 24 July 2014". In total, 1,321 cases and 61 deaths were reported.

Of the 12 districts, the worst eight affected (Bourha, Goulfrey, Hina, Kosa, Kousseri, Mogode, Mokolo and Roua), were initially targeted by the CRC through the DREF operation. It was estimated that the affected population of the eight districts was 100,439 people, of which 10 per cent (10,044 people) were expected to be directly reached by the activities planned.

Following the increase in the number of cases in four other districts (Maroua I, Maroua II Maroua III, and Mindif) – please refer to "Table 2: Cases of cholera in Far North region (Cameroon) – 12 August 2014". In total, 1,680 cases and 77 deaths were reported. As such, activities planned within the DREF operation were extended into these areas. It was estimated that the affected population of the 12 districts was 1,238,740, of which 10 per cent (123,874 people) were expected to be directly reached by the activities planned.

Table 2: Cases of cholera in Far North region (Cameroon) – 24 July 2014

| Health District | Number of cases | Number of deaths |
|-----------------|-----------------|------------------|
| Bourha | 111 | 6 |
| Goulfey | 3 | 0 |
| Hina | 232 | 12 |
| Mogode | 935 | 42 |
| Mokolo | 18 | 0 |
| Kousseri | 3 | 0 |
| Koza | 2 | 0 |
| Maroua rural | 7 | 0 |
| Mindif | 6 | 0 |
| Roua | 4 | 1 |
| Total | 1,321 | 61 |

Table 3: Cases of cholera in Far North region (Cameroon) - 12 August 2014

| Health District | Number of cases | Number of deaths |
|-------------------|-----------------|------------------|
| Bourha | 123 | 6 |
| Goulfey | 3 | 0 |
| Hina | 365 | 16 |
| Kousseri | 3 | 0 |
| Koza | 20 | 2 |
| Maroua I | 2 | 0 |
| Maroua II and III | 28 | 0 |
| Mindif | 25 | 0 |
| Mogode | 1,057 | 47 |
| Mokolo | 50 | 5 |
| Roua | 4 | 1 |
| Total | 1,680 | 77 |

Risk analysis

At the onset of the DREF operation, it was expected that the situation would worsen since it was the beginning of the rainy season and the previous experience in 2011 indicated that an intensification of rainfall would result in an increase in cases. In 2011, the epidemic affected eight of the 10 regions in Cameroon, with 23,152 cases and 843 deaths reported.

Basic needs identified through the assessments carried out included:

- · Material for cholera awareness.
- Material for hygiene promotion.
- Water purification equipment.
- Equipment for the decontamination of contaminated sites.
- Personal protective equipment.

As noted, it was agreed that the DREF operation should initially target eight districts (Bourha, Goulfrey, Hina, Kosa, Kousseri, Mogode, Mokolo and Roua), and was later extended to include Maroua I, Maroua II Maroua III, and Mindif)), however with resources concentrated in the Bourha, Hina and Mogodé districts, which had been worst affected, i.e. accounted for the most cases reported (as of 24 July 2014).

The districts targeted were in especially remote areas, and therefore extremely inaccessible with roads often impassable during the rainy season, including in the worst affected areas (Bourha, Hina and Mogodé). It was expected that boats and motorcycles might be required to enable the effective implementation of the activities planned. Please refer to "Logistics and supply chain" for information on the implications this had on the DREF operation.

B. Operational Strategy and Plan

Overall Objective

The overall objective was to contribute to improving the health situation of the population of the Far North Region of Cameroon.

Proposed strategy

The proposed strategy focused on awareness raising/sensitization on the prevention and control of cholera; proper management of suspected and confirmed cases of cholera; improving access safe water supply, sanitation services, and hygiene promotion, specific areas of focus included:

- Given the context of the Far North region that experiences recurring epidemics of measles, yellow fever and the
 circulation of the wild polio virus, training of 280 CRC volunteers was planned (later increased to 300 volunteers) on
 the use of the ECV manual; as well as prevention and control of cholera.
- Community/household level awareness raising/sensitization on the prevention and control cholera activities to improve knowledge on the disease, and what to do in the instance of a suspected case (including on case management, corpse management, preparation of oral rehydration solutions etc.). It was expected that these activities would be carried out by CRC volunteers three days per week for eight weeks in the affected areas. Monitoring/early detection of cases and referral to the appropriate health services by the CRC volunteers in collaboration with the MoPH to promote proper management/treatment.
- Community level water supply infrastructure treatment (chlorination/sanitization); and testing of residual chlorine levels
 at household level; as well as disinfection/sanitization of sanitation services (latrines etc.) and community clean-up
 activities. Hygiene promotion activities including on water purification and storage, safe excretal disposal, food
 hygiene and storage, hand washing techniques and personal hygiene. It was intended that the community-based
 health and first-aid (CBHFA) approach would be used to organize the community, especially for sanitation and
 hygiene promotion related activities.

- Megaphones with batteries, information, education and communication (IEC) materials, hand washing kits, sprayers, gloves, nose masks, T-shirts, boots, overalls as well as consumables such as chlorine, oral rehydration salt, soap and aqua tabs were to be made available to support these activities. Moreover, motorbikes were to be purchased for the district coordinators of the three most affected districts, as well as bicycles for certain branches in the most difficult to access communities, where roads are impassable.
- A midterm monitoring/ evaluation was planned in order to monitor the progress of the DREF operation, and revise the response as required.

Operational support services

Human resources (HR)

Through this DREF operation, as noted, 300 CRC volunteers, 30 supervisors and eight district coordinators were mobilized from across the 12 districts to carry out the activities planned; with supervision provided by the regional coordinator for the Far North region, and the NHQ cholera focal point. A CRC driver was also recruited locally. As noted, a RDRT was deployed for 05 months to support the effective implementation of the DREF operation; and additional technical assistance provided by the IFRC CARREP health coordinator.

Logistics and supply chain

IFRC CARREP provided most of the equipment required for the implementation of the activities planned within the DREF operation, this included:

Table 4: List of items received and distributed

| No. | Material | Unit | Quantity |
|-----|---------------------------------|---------|----------|
| 1 | Oral rehydration salt | Sachet | 2660 |
| 2 | Aquatabs (from emergency stock) | Tablets | 72,420 |
| 3 | Posters and flyers | Pieces | 2000 |
| 4 | Megaphones and batteries | Pieces | 35 |
| 5 | Raincoats | Pieces | 350 |
| 6 | Boots | Pieces | 350 |
| 7 | Gloves | Pieces | 700 |
| 8 | Nose masks | Pieces | 700 |
| 9 | Motorcycles | Pieces | 03 |
| 10 | Bicycles | Pieces | 50 |
| 11 | Red cross aprons | Pieces | 720 |
| 12 | Red cross jackets | Pieces | 40 |
| 13 | Bleach IL | Pieces | 2000 |
| 14 | Detergent | Sachet | 1000 |
| 15 | Soap 250g | Pieces | 1000 |
| 16 | Chlorine 45kg pails | Pieces | 25 |
| 17 | 16l buckets with lid | Pieces | 35 |
| 18 | Hand washing buckets | Pieces | 500 |
| 19 | Pool tester | Pieces | 0/02 |

All these items were distributed and nothing was left in stock.

These items were immediately taken from the CARREP warehouse and the logistics unit later bought and replenished the stock from the DREF allocation. All equipment was stored in the regional capital, Maroua in the Far North region, in a warehouse specially rented for this purpose. This warehouse was guarded by two security guards, who were locally hired.

The poor road networks in affected areas, which was exacerbated by the rainy season that made them in some instances impassable, had implications on the monitoring of planned activities. For instance, a monitoring mission, which was intended to visit two of the areas was reduced to one as the CRC vehicle became stuck for nearly four hours on the way to Mindif district. Moreover, limited communication infrastructure related to the lack of phone and internet networks in

some areas also delayed for the sending of information on the activities planned from the district coordinators to the national headquarters (NHQ). The CRC procured 50 bicycles and two motorbikes, which were made available to the district coordinators and supervisors, due of the remoteness and difficulties involved in reaching some areas. A vehicle also allotted for the operation for three months. However, vehicles were sometimes hired to meet certain requirements of the operation (transport equipment, monitor teams before the arrival of the operation vehicle, train in the Epidemics Control Manual).

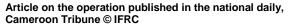
Information Technology (IT)

A cell phone and a USB key were made available to the RDRT. The phone was regularly provided with communication airtime, allowing for proper coordination of operations. The CRC cholera focal point also received appropriate communication means through the DREF allocation.

Communications

Each Mondays and Thursday, broadcasts were made on the national radio station "CRTV", which also covered the activities planned, including the volunteer training on cholera prevention and control; and the handing over ceremony of awareness materials to local committees. The Cameroon Tribune, the national print media, also covered the operation and published an article with images, in its 26 September 2014 (page 17) issue on the monitoring mission of the outcome by the RDRT in some districts.







Handing over of awareness material to a local committee © IFRC

A web story was also published on the IFRC website: http://ifrc.org/en/news-and-media/news stories/africa/cameroon/grappling-with-a-cholera-epidemic-in-northern-cameroon-67399/

Security

The Far North region of Cameroon is bordered to the east by Chad, to the north by Lake Chad, and by Nigeria to the west. The presence of the Boko Haram militant group in north eastern Nigeria has continued to be a source of insecurity in the region, particularly in the Logone and Chari division, with suspected incursions by them into these areas, and attacks against civilians. As noted, two of the districts targeted through the DREF operation are part of the Logone and Chari divisions, specifically Goulfey and Kousseri, and following incursions by suspected Boko Haram militants, the activities planned were disrupted as RCRC personnel were not able to visit the areas to carry out the training of volunteers. Please note, to ensure the safety and security of staff and volunteers involved in the DREF operation, the movement in any area affected by the Boko Haram incursions was discussed beforehand with the ICRC prior to travelling to the field. Due to persisting insecurity, the 22 volunteers (20 volunteers and two supervisors) were

transferred to Maroua (capital of the Diamaré division), where they received training in the ECV manual, and prevention and control of cholera. After the training, awareness and hygiene promotion materials were made available to them and the activities planned on cholera initiated (from 11 October 2014) in these areas.

Planning, monitoring, evaluation, & reporting (PMER)

Upon the arrival of the RDRT in the Far North region, a monitoring mission was carried out in collaboration with other members of the Operation Coordination Team to assess the implementation of the activities planned, including volunteer training, the quality of messages broadcast to the people and to find out about the level of behaviour change amongst beneficiaries at that stage of implementation. Weekly reports were regularly issued. Please note that in some areas of implementation (Goulfey and Kousseri), the security situation had implications for the monitoring of the DREF operation. A mid-term review of the operation was carried out, which comprised a monitoring mission, and resulted in the issuance of an Operations Update and a revision to the scope and timeframe of the DREF operation. The Operations Update can be consulted at: http://adore.ifrc.org/Download.aspx?FileId=67322

C. Detailed Operational plan

Health and Care

Needs analysis: In the Far North Region, the increase in cases of cholera was due to the lack of knowledge on the disease (signs, mode of transmission, preventive measures, treatment etc.) and the poor management of the environment and corpses of cholera victims. The DREF operation, was therefore, aimed at training volunteers in the prevention and control of cholera, so that they could carry out awareness-raising/sensitization activities, and surveillance in the affected area.

Population to be assisted: The people of Mogode, Hina, Bourha, Goulfey, Mokolo, Roua, Kosa and Kousseri had initially been identified as the target population of this operation. Up to 10% of 1,004,398 inhabitants had to be directly assisted extensively. However, the indirect support provided through information and communication activities reached all city residents with spill over effects on the population of the region. Nonetheless, with the increase in the number of cases in the districts of Mindif, Maroua I, II and III, the number of districts to be assisted increased from eight to 12, increasing the affected population to 1,238,740. Thus, the target population to be assisted was 123,874 people, that is, 10% of the overall affected population.

Health and Care

Outcome 1: The immediate risks to the health of affected populations are reduced

Output 1.1: Supervision and coordination of activities

Activities planned

- 1.1.1 Sensitization of various stakeholders
- 1.1.2 Participation in various coordination meetings
- 1.1.3 Advocacy with related sectors to work in synergy
- 1.1.4 Monitoring and evaluation missions

Achievements

- 1.1.1 As noted, an Operation Coordination Team was established, which comprised the RDRT, regional coordinator for the Far North region and the NHQ cholera focal point. The Operation Coordination Team visited the regional governor, administrative and health authorities (MoPH) of the Far North region, Movement partners (IFRC and ICRC), as well as other agencies involved in the response (UNICEF and the WHO). It was intended that these meetings would to both receive approval from the governor, administrative and health authorities for the activities planned within the DREF operation, but also inform Movement partners and other agencies in view of enabling collaboration on the response, and avoid duplication.
- 1.1.2 Due to the increasing number of emergencies in the Far North region (influx of refugees, cholera epidemics, insecurity due to the presence of Boko Haram etc.), an ad hoc subcommittee, as noted, responsible for emergency management was established by the regional governor. Each Monday, a meeting was held by the

- sub-committee, which brought together all agencies involved in the response, and other humanitarian activities in Cameroon, which enabled the discussion of the situation in the country, the activities being carried out, and to assess if any remedial actions were required. Each Thursday, a meeting was also held by the MoPH, which brought together all agencies involved in the emergency health related activities. The Operations Coordination Team participated in both of these meetings, as well as the Movement partners meetings, which was every afternoon of the last Friday of the month.
- 1.1.3 As noted, emergency health related meetings were held on Thursdays, which were organized in the conference room of the regional delegation of MoPH, and provided a forum for all other agencies involved in this sector (CRC, IFRC, IMC, UNICEF, UNHCR and the WHO, as well as other State structures, specifically those involved in health, hygiene promotion and refugee assistance) to review the activities being carried out, and discuss those that were planned. Please note that as such coordination mechanisms were put in place to avoid duplication of efforts.
- 1.1.4 As noted a monitoring mission was carried out by the Operation Coordination Team, including the Cameroon Red Cross, following the arrival of the RDRT in the Far North region. Moreover, a mid-term review of the DREF operation was also carried out. Please refer to the "PMER" section for further information. The Cameroon Red Cross conducted monitoring through the monthly deployment of the national cholera focal point person, for five months.

Output 1.2: Epidemic prevention and control measures carried out

Activities planned

- 1.2.1 Training of volunteers on the epidemics control manual including cholera sensitization
- 1.2.2 Awareness-raising on cholera thrice per week for eight weeks

Achievements

1.2.1 In total, 317 volunteers, 35 supervisors and eight district coordinators received training on the use of the ECV manual and on the prevention and control of cholera, which equates to 100 per cent of the intended targets following the expansion of the DREF operation.

| Date | District | Committee trained | Number of volunteers |
|------------|-------------|-----------------------|----------------------|
| 24/08/2014 | Bourha | Bourha | 35 |
| 25/08/2014 | Mogode | Mogode | 89 |
| 26/08/2014 | Koza | Koza | 25 |
| 26/08/2014 | Mokolo Roua | Mokolo Roua | 51 |
| 27/08/2014 | Hina | Hina | 40 |
| 28/08/2014 | Mindif | Mindif | 24 |
| 29/08/2014 | Maroua | Maroua I II and III | 31 |
| 07/10/2014 | Maroua | Goulfrey and Kousseri | 22 |
| Total | | | 317 |

The training was divided into modules as follows:

Module 1: Epidemics

- o Introduction and definitions
- o Diseases that cause epidemics
- o Specific issues related to outbreaks

Module 2: Principles of the fight against epidemics

- o Understanding an epidemic
- o Epidemic response cycle
- o Understanding of risk
- o Volunteers and the fight against epidemics

Module 3: Actions in the context of the fight against epidemics

- o Before an epidemic:
- o Alert of an epidemic
- o During an epidemic
- o After an epidemic

Module 4: Using the fight against epidemics kit

- o Disease tools
- o Tools for action
- o Community message tool
- o Using the toolkit
- 1.2.2 Following the training, the CRC volunteers were mobilized to carry out awareness-raising/sensitization activities three times per week for eight weeks, which was scheduled to coincide with market days in order that the maximum number of people could be reached. The CRC volunteers carried out the awareness-raising/sensitization activities in a range of locations in accordance with a pre-agreed plan; using strategies including: community educational discussions, interviews, as well the distribution of IEC materials, and use of megaphones in public places to provide the affected population with information on the signs and symptoms, modes of transmission, preventative measures, and what do in the event of a suspected case. Moreover, the CRC volunteers carried out demonstrations on the preparation and use of oral rehydration solutions (ORS) and sugar-salt solutions.

Output 1.3: Community-based disease prevention and health promotion is provided to the target population Activities planned

- 1.3.1 Community awareness about the disease.
- 1.3.2 Active monitoring and early detection of cases.
- 1.3.3 Guidance of cases to nearest health structures.
- 1.3.4 Rehydration of all detected cases, especially during referrals.
- 1.3.5 Sensitize the community on corpse management.
- 1.3.6 Community management of corpses, with support from health structures.

Achievements

- 1.3.1 In total, 1,238,740 people were reached through awareness-raising/sensitization activities carried out by the CRC volunteers through this DREF operation.
- 1.3.2 The CRC volunteers' collaboration with the MoPH followed up and identified suspected cases in households for onward referral. The CRC volunteers advised the affected population to ensure that any suspected case was immediately evacuated to the nearest health centre, while being administered with ORS or salt-sugar solution, as well as ensure their own personal hygiene. In total, 3,853 suspected cases were identified and referred to the nearest health centre, while being rehydrated, and 2,645 were confirmed.
- 1.3.3 Please refer to 1.3.2.
- 1.3.4 Please refer to 1.3.3.
- 1.3.5 During the awareness-raising/sensitization activities, the CRC volunteers provided information to the affected population on the risks presented by the corpses of people that had died as a result of cholera, especially when handling them during funeral rites, and how to properly manage these bodies.
- 1.3.6 CRC volunteers in collaboration with the MoPH at district level disinfected/decontaminated the homes and surroundings of people that had died, equipped with protective equipment. In total, 9,173 sites were disinfected/decontaminated. Please refer to Water, sanitation and hygiene promotion 1.1.5 for information on community clean up campaigns.

Output 1.4: Community based surveillance carried out

Activities planned

- 1.4.1 Sensitize communities on the disease
- 1.4.2 Community organization through the CBHFA approach
- 1.4.3 Regular reporting of cases

Achievements

- 1.4.1 Please refer to 1.3.1.
- 1.4.2 CRC volunteers involved in the DREF operation was recruited from existing local and divisional committees, and were not selected based on the CBHFA approach as such this activity was not completed. Please note that the CBHFA approach could have helped address the challenges experienced related to the remoteness and inaccessibility of the areas being targeted. Please refer to "Logistics and supply chain" for information on the transportation issues.
- 1.4.3 Despite the challenges experienced related to communication from branch to NHQ level, weekly reports and an Operations Update were sent to the IFRC CARREP.

Challenges

Key operational challenges included:

 Security: As noted, due to the frequent incursions by suspected Boko Haram militants, the activities planned in the Goulfey and Kousseri districts were disrupted; however this was surmounted by transferring the 22 volunteers (20 volunteers and two supervisors) to Maroua (capital of the Diamaré division), where they received training on the ECV manual, and prevention and control of cholera, before being equipped and initiating the activities from 11 October 2014

Lessons learned

Lessons learned included:

- Health and Care: Training in the use of the VCA Manual enabled volunteers to better understand their role in the
 field. Socio-cultural practices: In Koza and Mogode districts, collective eating with fingers and manipulation of
 corpses are still present, and facilitates the spread of disease. A behaviour change programme is needed in order
 to stamp out such practices.
- RCRC/Agency Coordination: During the implementation of this DREF operation, consultations with all the local Red
 Cross committees eased filed work tremendously. However, collaboration between local committee presidents and
 district medical officers (DMO) should be clarified as some DMOs thought that DREF material had to be given to
 them.

Water, Sanitation and Hygiene Promotion

Needs analysis: The spread of cholera in some localities in the Far North region is a result of the lack of physical and personal hygiene, unclean water consumption, poor management of water reserves in households, poor management of individual and community wells but especially, open air defecation. These facts are compounded by existing local cultural practices and beliefs. The operation thus aimed at promoting hygiene and good practices amongst the population concerned.

Population to be assisted: The population to be assisted was identical to that which benefitted from outreach sessions on cholera.

Water, sanitation and hygiene promotion

Outcome 1: Immediate reduction in risk of waterborne and water related diseases in targeted communities

Output 1.1: Daily safe access to water which meets Sphere and WHO standards in terms of quantity and quality is provided to target population

Activities planned

- 1.1.1 Train volunteers in water purification at supply points, public places and at home.
- 1.1.2 Demonstration and purification of water at supply points, public places and at home.
- 1.1.3 Test for residual chlorine in household water.
- 1.1.4 Raise awareness on hand washing, personal and collective hygiene.

- 1.1.5 Organize community clean-up campaigns.
- 1.1.6 Provide hand-washing kits and disinfectant for community latrines.
- 1.1.7 Raise awareness on the appropriate use of latrines.

Achievements

- 1.1.1 In total, 300 volunteers, 30 supervisors and eight regional coordinators received training on water purification and conservation; and the treatment of wells.
- 1.1.2 In total, 6,416 water supply points were treated (chlorinated) by CRC volunteers. During awareness-raising/sensitization activities, the CRC volunteers conducted demonstrations on the purification of water and conservation methods, as well disseminated messages on drinking only potable water.
- 1.1.3 Residual chlorine testing of water at household water level was not tested due to the lack of pool testers in the DREF allocation as such this activity was not completed.
- 1.1.4 During the awareness-raising/sensitization activities, the CRC volunteers provided demonstrations on proper hand washing with soap, and disseminated messages on the importance of ensuring personal hygiene. Moreover, the CRC volunteers also educated nursing mothers to breastfeed their babies only after properly cleaning their nipples. As noted, in total, 1,031,357 people were reached through the awareness-raising/sensitization activities; and therefore on hand washing and personal hygiene.
- 1.1.5 In total, 9,142 households benefitted from community clean-up campaigns, which were carried out in 10 communities across the 12 districts by the CRC volunteers in collaboration with community members.
- 1.1.6 In total, 1,031,357 people benefited from the demonstration of proper hand washing with soap at key moments. This population was also encouraged to practice individual and collective hygiene and to sanitize their environment.
- 1.1.7 In total, 500 hand-washing kits were distributed to restaurants in the affected area; and 40,792 latrines were disinfected.
 - During the awareness-raising/sensitization activities which were carried out at household level, the CRC volunteers encouraged households to use latrines properly by covering them, washing hands after use and how to disinfect them with ash in the absence of chlorine. As such, open defecation has reduced. As noted, in total, 1,031,357 people were reached through the awareness-raising/sensitization activities; and therefore on the appropriate use of latrines.

Challenges

Key operational challenges included:

 Water, sanitation and hygiene promotion: One of the causes of open-air defecation by the affected population is linked to a common practice in some localities. Latrine slabs in these localities are fabricated with very small holes.
 Users say they can stop defecating in the open and use latrines if the slabs are made with bigger holes.
 Unfortunately, there was not provision under the DREF operation to build slabs or latrines.

Lessons learned

- RCRC/Agency Coordination: the lack of consultation between various divisional committee presidents of the region made collaboration and coordination difficult.
- Water, sanitation and hygiene promotion: In the Maroua districts, there are no human waste management services; and advocacy on this issue should be considered to help mitigate against future outbreaks. In the affected area, there were poorly constructed wells, and in future they should be constructed with proper lids. Please note that there was no well construction within the DREF operation.

D. THE BUDGET

Explanation of Variances

- "Water, Sanitation and Hygiene" was underspent by CHF 6,489, which equates to 34.8 per cent. This was due to the procurement of water purification tablets (aqua tabs) not being carried since these were instead taken from prepositioned stocks to avoid expiration and resulted in a saving of CHF 5,000.
- "Teaching Materials" was overspent by CHF 5,359, which equates to 120 per cent. This due to the need to print IEC
 materials for the ECV training of volunteers. This overspend was offset by the saving made in "Water, Sanitation and
 Hygiene".
- "Land and Buildings" was underspent by CHF 12,100 due to the miscoding of expenditure for the procurement of
 motorcycles at the onset of the DREF operation, and as a result, "Vehicles" was overspent by CHF 9,032. Please note
 that these underspend/overspends were offset.
- "Transport and Vehicles Costs" was overspent by CHF 1,184, due to the need to rent pick-up vehicles for the transportation of items to the areas of implementation that was not budgeted at the onset of the DREF operation.
- "International Staff" was underspent by CHF 6,867, due to the RDRT working simultaneously on the MDRCM018 and MDRCM020 operations, and therefore ended their mission one month ahead of the timeframe. Please note that in the absence of the RDRT, the CRC deployed national staff to support the implementation of the DREF operation, and resulted in an overspend on "National Staff" of CHF 4,564, which equates to 14.98 per cent.
- "Volunteers" was underspent by CHF 11,635, which equates to 14.98 per cent; and was due the procurement of some items of protective equipment for volunteers being miscoded, and resulted in an overspend of CHF 11,862 on "Other Staff Benefits".
- "Workshops and Training" was underspent by CHF 8,433as a result of UNICEF mobilizing resources for the training in some of the areas of implementation, which contributed to a saving against what was budgeted at the onset of the DREF operation.
- "Travel" was underspent by CHF 1,664, which equates to 39.62 per cent due to the cancellation of monitoring missions following insecurity in some areas of implementation (in Goulfey and Kousseri).
- "Information and Public Relations" was underspent by CHF 1,243 due to UNICEF mobilized resources for some items (aprons), which contributed to a saving against what was budgeted at the onset of the DREF operation.
- "Office Costs" was overspent by CHF 3,375 resulting from the need to cover the running local offices in areas of implementation.

Please note that there was an overall underspend of CHF 16,535 against the agreed budget (CHF 216,918) on the DREF allocation that was made which has been justified based on the explanations above; and this balance will now be reimbursed to the DREF.

Contact information

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How we work

All IFRC assistance seeks to adhere to the Code of Conduct for the International Red Cross and Red Crescent Movement and Non-Governmental Organizations (NGOs) in Disaster Relief and the Humanitarian Charter and Minimum Standards in Disaster Response (Sphere) in delivering assistance to the most vulnerable.

The IFRC's vision is to inspire, encourage, facilitate and promote at all times all forms of humanitarian activities by National Societies, with a view to preventing and alleviating human suffering, and thereby contributing to the maintenance and promotion of human dignity and peace in the world.

www.ifrc.org Saving lives, changing minds.







The IFRC's work is guided by Strategy 2020 which puts forward three strategic aims:

- 1. Save lives, protect livelihoods, and strengthen recovery from disaster and crises.
- 2. Enable healthy and safe living.
- 3. Promote social inclusion and a culture of non-violence and peace

Disaster Response Financial Report

MDRCM018 - Cameroon - Cholera

Timeframe: 01 Aug 14 to 05 Jan 15 Appeal Launch Date: 01 Aug 14

Final Report

Selected Parameters Reporting Timeframe 2014/8-2015/5 Programme MDRCM018 Budget Timeframe 2014/8-2015/1 Budget APPROVED Split by funding source Subsector: All figures are in Swiss Francs (CHF)

I. Funding

| | Raise humanitarian standards | Grow RC/RC services for vulnerable people | Strengthen RC/ RC contribution to development | Heighten influence and support for RC/RC work | Joint working and accountability | TOTAL | Deferred Income |
|-----------------------------|------------------------------------|--|---|---|--|---------|--------------------|
| A. Budget | | 216,918 | 3 | | | 216,918 | |
| B. Opening Balance | | | | | | | |
| ncome | | | | | | | |
| Other Income | | | | | | | |
| DREF Allocations | | 216,918 | 3 | | | 216,918 | |
| C4. Other Income | | 216,918 | В | | | 216,918 | |
| C. Total Income = SUM(C1C4) | | 216,918 | 3 | | | 216,918 | |
| D. Total Funding = B +C | | 216,918 | 3 | | | 216,918 | |

^{*} Funding source data based on information provided by the donor

II. Movement of Funds

| | Raise humanitarian standards | Grow RC/RC services for vulnerable people | Strengthen RC/ RC contribution to development | Heighten influence and support for RC/RC work | Joint working and accountability | TOTAL | Deferred Income |
|----------------------------------|------------------------------------|--|---|--|--|----------|--------------------|
| B. Opening Balance | | | | | | | |
| C. Income | | 216,918 | 3 | | | 216,918 | |
| E. Expenditure | | -200,383 | 3 | | | -200,383 | |
| F. Closing Balance = (B + C + E) | 16,535 | | | | | 16,535 | |

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III. Expenditure

| | | | | Expen | diture | | | |
|---------------------------------------|---------|------------------------------------|--|---|---|--|----------|----------|
| Account Groups | Budget | Raise humanitarian standards | Grow RC/RC services for vulnerable people | Strengthen RC/ RC contribution to development | Heighten influence and support for RC/ RC work | Joint working and accountability | TOTAL | Variance |
| | Α | | | | | | В | A - B |
| BUDGET (C) | | | 216,918 | | | | 216,918 | |
| Relief items, Construction, Supplies | | | | | | | | |
| Water, Sanitation & Hygiene | 18,648 | | 12,159 | | | | 12,159 | 6,489 |
| Medical & First Aid | 1,000 | | 1,006 | | | | 1,006 | -6 |
| Teaching Materials | 4,450 | | 9,810 | | | | 9,810 | -5,360 |
| Utensils & Tools | 5,105 | | 4,718 | | | | 4,718 | 387 |
| Total Relief items, Construction, Sup | 29,203 | | 27,693 | | | | 27,693 | 1,510 |
| Land, vehicles & equipment | | | | | | | | |
| Land & Buildings | 12,100 | | | | | | | 12,100 |
| Vehicles | | | 9,033 | | | | 9,033 | -9,033 |
| Total Land, vehicles & equipment | 12,100 | | 9,033 | | | | 9,033 | 3,067 |
| Logistics, Transport & Storage | | | | | | | | |
| Storage | 3,500 | | 3,073 | | | | 3,073 | 427 |
| Distribution & Monitoring | | | 434 | | | | 434 | -434 |
| Transport & Vehicles Costs | 9,250 | | 10,512 | | | | 10,512 | -1,262 |
| Logistics Services | -, | | 2 | | | | 2 | -2 |
| Total Logistics, Transport & Storage | 12,750 | | 14,021 | | | | 14,021 | -1,271 |
| Personnel | | | | | | | | |
| International Staff | 12,000 | | 5,132 | | | | 5,132 | 6,868 |
| National Staff | 12,000 | | 4,941 | | | | 4,941 | -4,941 |
| National Society Staff | 14,500 | | 14,493 | | | | 14,493 | 7 |
| Volunteers | 77,651 | | 67,679 | | | | 67,679 | 9,972 |
| Other Staff Benefits | 77,001 | | 11,862 | | | | 11,862 | -11,862 |
| Total Personnel | 104,151 | | 104,108 | | | | 104,108 | -11,002 |
| | 101,101 | | 101,100 | | | | 10-1,100 | |
| Workshops & Training | 22.075 | | 04.040 | | | | 04.040 | 0.422 |
| Workshops & Training | 33,075 | | 24,642 | | | | 24,642 | 8,433 |
| Total Workshops & Training | 33,075 | | 24,642 | | | | 24,642 | 8,433 |
| General Expenditure | | | | | | | | |
| Travel | 4,200 | | 2,554 | | | | 2,554 | 1,646 |
| Information & Public Relations | 2,600 | | 1,356 | | | | 1,356 | 1,244 |
| Office Costs | 600 | | 452 | | | | 452 | 148 |
| Communications | 3,500 | | 3,071 | | | | 3,071 | 429 |
| Financial Charges | 1,500 | | 1,222 | | | | 1,222 | 278 |
| Total General Expenditure | 12,400 | | 8,657 | | | | 8,657 | 3,743 |
| Indirect Costs | | | | | | | | |
| Programme & Services Support Recove | 13,239 | | 12,230 | | | | 12,230 | 1,009 |
| Total Indirect Costs | 13,239 | | 12,230 | | | | 12,230 | 1,009 |
| TOTAL EXPENDITURE (D) | 216,918 | | 200,383 | | | | 200,383 | 16,535 |
| VARIANCE (C - D) | | | 16,535 | | | | 16,535 | |

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IV. Breakdown by subsector

| Business Line / Sub-sector | Budget | Opening Balance | Income | Funding | Expenditure | Closing Balance | Deferred Income |
|---|---------|--------------------|---------|---------|-------------|--------------------|--------------------|
| BL2 - Grow RC/RC services for vulnerable people | | | | | | | |
| Disaster response | 216,918 | | 216,918 | 216,918 | 200,383 | 16,535 | |
| Subtotal BL2 | 216,918 | | 216,918 | 216,918 | 200,383 | 16,535 | |
| GRAND TOTAL | 216,918 | | 216,918 | 216,918 | 200,383 | 16,535 | |